



The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005

Kansas

All statistics are based on parental reports.

National %	State %	
14.8	14.0	Percent of children who are overweight
21.9	17.9	Age 10-11
14.4	15.0	Age 12-14
10.7	10.2	Age 15-17
22.4	28.0	0-99% Federal poverty level
19.0	14.4	100-199% Federal poverty level
13.7	13.2	200-399% Federal poverty level
9.1	7.7	400% Federal poverty level or more
18.1	18.9	Male
11.5	8.5	Female
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week		
71.3	76.6	
78.2	83.9	Age 10-11
74.2	84.3	Age 12-14
63.3	63.5	Age 15-17
76.8	81.9	Male
65.6	70.9	Female
Percent of children who were on a sports team or took sports lessons during the past 12 months		
58.6	63.7	
61.5	67.5	Age 10-11
61.6	66.0	Age 12-14
53.4	58.5	Age 15-17
62.1	65.8	Male
55.0	61.4	Female
72.9	75.2	Percent of children with at least one parent who exercises regularly